Teach a Parent AI This Holiday Season

This kit is for an adult child sitting with a parent when you're home for the holidays, Thanksgiving through New Year's. In about 15 minutes at the table or on a video call, try one prompt together, then leave the big-letter sheet on the fridge.

Pick one prompt. Read it out loud. Let them fill the blanks in their own words. Then open the coach and paste it. One prompt is enough.

Fridge sheet

Five starter prompts in big letters. Print this and put it on the fridge.

Scan this to open the coach. Or go to promptporch.app.

1. Spot a Scam

I got this [EMAIL / TEXT / PHONE CALL]: "[PASTE THE MESSAGE]". Does this look like a scam? Tell me the warning signs in plain words and what I should do next.

2. Questions for the Doctor

I have a doctor's appointment about [CONCERN]. Help me write a short list of questions to ask, in plain words.

3. Recipe With What I Have

I have these ingredients: [LIST WHAT YOU HAVE]. Suggest 3 simple recipes I could make for [NUMBER] people.

4. Note to the Grandkids

Help me write a short note to my grandchild [NAME]. I want to tell them [WHAT YOU WANT TO SAY]. Make it warm and easy to read.

5. Video Call With Family

Explain how to join a video call on my phone. I'm new to this. Use short numbered steps, and tell me what to do if I can't hear them.

Scam card

Wallet size. Cut on the dashed line. Keep it with you.

Hang up and call back on a number you already know.

Never share codes or passwords.

Slow down when someone rushes you.

A real emergency can wait five minutes.

Put it next to your cards, where you can see it.